

Cutoff Scores and Norms

GAD-7 – Anxiety

PHQ-9 - Depression

Severe(15-21)



Moderate (10-14)



Mild (5-9)



Minimal (0-4)



Severe (20-27)

Moderately severe (15-20)

Moderate (11-14)

Mild (5-10)

Minimal (0-4)

PHQ-9/GAD-7 SCORING

Assessment	Scoring	Cut Points/interpretation
PHQ-9	Add up the total number from items 1-9. **Item 9- follow up with questions about child's current safety	0-4: minimal 5-10: mild 11-14: moderate (possible dysthymia or mild depression) 15-20: Moderately severe (consistent with major depression) 20-27: Severe (consistent with severe depression) *item 10 should be at least "somewhat difficult" to be consistent with depression diagnosis
GAD-7	Add up the total number from items 1-7.	Total score ranges from 0 to 21: 5-9: mild anxiety 10-14: moderate anxiety 15+: severe anxiety