

Family Planning Only coverage

Washington School-based Health Alliance
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Agenda

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What is Family Planning Only (FPO)?

What is Family Planning Only?

- ▶ Family Planning Only (FPO) provides coverage to individuals for family planning services to help ensure access to sexual and reproductive health care and prevent unintended pregnancies.
- ▶ It's different from comprehensive Apple Health (Medicaid):
 - ▶ Income eligibility – up to 260% federal poverty level (FPL)
 - ▶ Offers confidential coverage
 - ▶ Non-citizens are eligible (state only funds)
- ▶ [View our FPO brochure.](#)¹
- ▶ [Learn more about the FPO program.](#)²

Sources:

1. hca.wa.gov/assets/free-or-low-cost/13-0073-family-planning-only-coverage.pdf
2. hca.wa.gov/family-planning

What is covered

What is covered? (limited coverage)

- ▶ One comprehensive preventive family planning visit every year and family planning-related follow-ups.
- ▶ Counseling, education, and risk reduction.
- ▶ Supplies and education for FDA approved contraceptives (includes 12-month supply), natural family planning, and abstinence.
- ▶ Over the counter (OTC) products such as condoms, spermicides, and emergency contraception (at pharmacy).
 - ▶ [View the OTC FAQ for clients.](#)

Source: <http://www.hca.wa.gov/assets/billers-and-providers/over-the-counter-contraceptive-faq-clients.pdf>

What is covered? (continued)

- ▶ Permanent methods, such as tubal ligations (tubes tied) or vasectomy.
- ▶ Pregnancy testing and cervical cancer screening.
- ▶ STI/STD testing (chlamydia, gonorrhea, syphilis), and treatment.
 - ▶ Starting Jan 1, 2024, testing will include HIV and Viral Hep B and C.
- ▶ HPV vaccinations.
 - ▶ Starting Jan 1, 2024, vaccinations will include Viral Hep A and B.

Coverage can be used at any Apple Health provider offering family planning services.

Find-A-Provider: <https://fortress.wa.gov/hca/p1findaprovider/>

Contraceptives

Prescribed (generally)	Over-the-Counter (no prescription)
Pills, Ring, and Patch	Condoms
Emergency Contraception	Spermicide
Injectable	Emergency Contraception <i>(note: dummy code)</i>
IUD	Patient education materials
Implant	Oral thermometer
Cervical Cap/Diaphragm	Cycle beads

- ▶ HCA covers a 12-month supply.
- ▶ [Prescription Drug Program billing guide](#)¹
- ▶ [HCA OTC Pharmacy FAQs](#)²

1. <https://www.hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules#billing-guides-fee-schedules>
2. <https://www.hca.wa.gov/assets/billers-and-providers/over-the-counter-contraceptive-faq-clients.pdf>

Pharmacy contraceptive survey

Pharmacy contraceptive survey

- ▶ HCA would like to hear from pharmacy staff about barriers and solutions for prescribing and dispensing contraception. Please share our survey broadly.
 - ▶ Survey will run through Q1 2024.
- ▶ [Pharmacy contraceptive access survey¹](#)
- ▶ [Read the GovDelivery bulletin to learn more²](#)

Sources

1. https://hca.servicenowservices.com/nav_to.do?uri=%2Fassessment_take2.do%3Fsysparm_assessable_type%3D4b438b891b4db9106dda113d9c4bcbe3
2. <https://content.govdelivery.com/accounts/WAHCA/bulletins/36f5375>

How to apply for FPO

Applying

Many ways to apply:

- **Online:** wahealthplanfinder.org
- **Fax:** 1-866-841-2267
- **Email:** apple@hca.wa.gov
- **Phone:**
 - 1-800-562-3022 ext. 12533 (interpreters available)
- **Mail:** HCA MEDS,
PO Box 45531
Olympia, WA 98504-5531

Application for FPO services:
hca.wa.gov/family-planning-only
(available in 15 languages)

Washington State
Health Care Authority

Application for Family Planning Only services

Are you currently pregnant? Yes No If you answered Yes, you are not eligible for family planning services, but may be eligible for health coverage. Apply online at wahealthplanfinder.org

By filling out this application, you acknowledge you are applying for family planning services only.

1. Applicant and Contact Information

First Name (use your full legal name) Middle Initial Last Name

Male Female _____
Date of birth Social Security Number Resident of Washington?
 Yes No

Address where you live Apt. # City State Zip Code

Do you have Private health insurance or Apple Health (Medicaid) coverage? Yes No
If you answered Yes, you are not eligible for family planning services unless you meet one of the exceptions below:
 I am seeking confidential family planning services and I am 18 years old or younger;
OR
 I am a victim of domestic violence and I am covered under my abuser's health insurance.
(proceed to section (2) if you have checked either of the boxes above)

Need print copies?

Email: andrea.estes@hca.wa.gov

Confidentiality

- ▶ When applying, applicant information is entered in our systems under a “protected status.”
- ▶ Applicants (or clients) can choose an address for any paperwork.
- ▶ No Explanation of Benefits (EOB) are sent.
- ▶ When protected status clients call in, they’re routed to a live person, not an automated system.

Confidential family planning services offered for:

- Teens, or
- Those experiencing interpersonal or domestic violence.

Provider Supports and Confidentiality

- ▶ **Provider line:** 1-800-562-3022, IVR options 4, then 4.
 - ▶ **Hours:** 7 a.m. - 4:30 p.m., Monday – Friday
- ▶ **Claims line:** 1-800-562-3022, IVR options 4, then 2.
 - ▶ **Hours:** 8 a.m. - 12 and 1 - 3:30 p.m., Monday – Friday
- ▶ Contact our Coordination of Benefits/Health Insurance Unit to request a “Good Cause” indicator be placed on the client’s file.
 - ▶ This would prevent private insurance from being billed for family planning or confidential services.
 - ▶ [See the Contact Us webform for providers](#)¹. Choose “Private Commercial Insurance” from the Select Topic dropdown.
- ▶ Call center staff follow processes established by our legal department on verifying the caller before providing any information.

Client (student) line: 1-800-562-3022, IVR options 3, then 2. Hours are 7 a.m. – 5 p.m.

1. https://fortress.wa.gov/hca/p1contactus/Provider_WebForm

Other updates

Other FPO updates

- ▶ CMS approved a one-year extension through June 30, 2024 (pending decision on 1115 FPO Waiver: 5-year renewal)
- ▶ “FPO Pregnancy-related” is no longer applicable to FPO as pregnancy clients are now eligible for after-pregnancy coverage for 12 months at the end of any pregnancy (i.e. birth, loss, etc.).
- ▶ Semi-annual office Hours April 9, 2024 and Sept 10, 2024.
 - ▶ [Visit the FPO provider web page to register.](#)
- ▶ Updates provided through web pages and expanded GovDelivery lists, please sign-up:
 - ▶ [Family Planning Only \(general policy updates\)](#)
 - ▶ [Abortion and miscarriage health care](#)
 - ▶ [Confidentiality and reproductive health care](#)
 - ▶ [Contraceptive methods and prescriptions](#)

Care Coordination and Continuity

Pregnancy coverage

- ▶ FPO does not cover pregnancy or pregnancy-related services (other than pregnancy testing)
- ▶ If clients are pregnant, and income eligible, they should apply for [pregnancy coverage](#)
 - ▶ Prenatal care if client plans to continue pregnancy – OB provider, care model, delivery setting of client’s choice is covered. Elective abortion covered.
 - ▶ Spontaneous abortion care and management is covered.
 - ▶ <https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/abortion-services>
- ▶ After Pregnancy Coverage is 12mo of comprehensive coverage post end of any pregnancy
 - ▶ Implemented in July 2022
 - ▶ <https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/after-pregnancy-coverage>

Coordination with PCP and coverage over school breaks

- ▶ With permission from patient, coordinating with primary care provider may promote higher quality care for patient.
 - ▶ Continuity of care and access to chosen birth control method or other services when schools are closed.
 - ▶ Coordinating around well child exams or sports physicals (not covered under FPO).
- ▶ HCA reimburses certain over the counter (OTC) family planning supplies without a prescription. The following OTC contraceptives can be dispensed without a prescription:
 - ▶ Condoms (including female condoms)
 - ▶ Spermicides (foam, gel, suppositories, and cream)
 - ▶ Emergency contraception
- ▶ Note: purchase at pharmacy counter
 - ▶ www.hca.wa.gov/assets/billers-and-providers/over-the-counter-contraceptive-faq-clients.pdf

Office of Tribal Affairs

Partnership with Indian Health Care Providers and Urban Indian Organization

To provide supports for Tribal youth, there are opportunities to work in partnership through:

- ▶ Affiliate Agreements
- ▶ Health Homes
- ▶ WISe teams

Office of Tribal Affairs Regional Tribal Liaisons

- ▶ **Tina Anderson:** North Sound Region
- ▶ **Nicole Earls:** Peninsula and Pacific Coast Region
- ▶ **Auddie Gugel:** South Sound, King, Pierce, and South Cascade Region
- ▶ **Raina Peone:** Eastern WA Region



Reach out to the Office of Tribal Affairs at HCA if interested: www.hca.wa.gov/about-hca/who-we-are/tribal-relations

Helpful Links and Contacts

- ▶ Getting help with health care coverage
 - ▶ www.hca.wa.gov/assets/free-or-low-cost/assisters_fact_sheet.pdf
- ▶ HCA community-based specialists
 - ▶ www.hca.wa.gov/assets/free-or-low-cost/community_based_staff_contact.pdf
- ▶ Health Plan Finder
 - ▶ www.wahealthplanfinder.org/HBEWeb/Annon_RetrieveBrokerNavigatorResults.action
- ▶ Community-based training
 - ▶ www.hca.wa.gov/free-or-low-cost-health-care/i-help-others-apply-and-access-apple-health/community-based-training

Thank you!

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