



Appendix 3:

Outreach

Section A: Outreach and engagement with students and families

A2: Example registration packet cover page

Teen Health Center

Dear Parents or Guardians of *X SCHOOL* students:

Your child can now receive health care at school!

There is a School-Based Health Center located in the building available to all students of Seattle World School. The Health Center is sponsored by **Health Organization**, with additional funding from the **Levy**. Medical, mental health, and dental professionals provide services and consultations; additional health center staff include health educators, patient navigators, and a clinic care coordinator who all work together to provide a variety of services to support your child's health, wellbeing, and academic success.

The services that the health center offers your child include (but are not limited to):

- Quality care on-site by a Licensed Medical, Dental, or Mental Health Provider
- Appointments during and after school
- Physical exams and health assessments (including sports physicals and other routine exams)
- Immunizations and medications
- Diagnosis and treatment of illness and injuries
- Assessment and counseling related to mental health
- Nutrition consultations
- Reproductive health care
- Preventive health care including health education activities
- A healthcare home, including coordination of additional care at other clinics with the same services
- Referrals to other healthcare providers
- Dental exams, x-rays and cleanings

Each student must provide parental consent in order to receive comprehensive services. Parental consent requires completion of the attached registration forms signed by the student's legal guardian. If the student has insurance, we will bill insurance first, but all services are provided without any out-of-pocket expenses. If you receive a bill from our services at the Teen Health Center, please notify our staff, as it is an error, and you do not need to pay.

We are proud to be able to provide high quality school-based healthcare to students. We believe this is a unique opportunity for students to learn how to care for their health. Join us in this effort!

Please complete and sign the attached consent form and return it to the Teen Health Center. Feel free to stop in and meet the clinic staff or call if you have questions about the clinic and its services!

A3: Brochure Example

About School-Based Health Centers

School-based health centers (SBHCs) are clinics that provide basic health care in partnership with a school. They provide a safe and confidential space for students to access comprehensive health care without leaving school, minimizing time away from class.

Data shows that SBHCs reduce barriers to learning, improve classroom attendance rates, and help students become more engaged and proactive in their own health.

The Highland Health Center is funded by **King County Best Starts for Kids** and operated by:



Registration

In order to become a patient, fill out a registration packet. There are three easy ways to do it:

1. Pick up the registration packet directly at the Highland Health Center (**Room 111**).
2. Email us at highlandsbhc@ichs.com and we will send you a link to register online.
3. Scan this QR Code

with your phone to register online:



The Highland Health Center is a no-cost service to students.

When applicable, we bill your insurance. Families are not responsible for any fees related to services provided at Highland Health Center.



Our Services

MEDICAL SERVICES

- Immunizations
- Annual physical exams
- Sport physicals
- Diagnosis/treatment of illness & injury
- Chronic disease management
- Referrals for other medical services

BEHAVIORAL HEALTH SERVICES

- Mental health screening and counseling
- Substance use counseling
- Anxiety & depression counseling
- Stress management
- Healthy coping skills

MOBILE DENTAL SERVICES

- Dental exams
- Teeth cleaning & fluoride treatments
- X-rays
- Fillings & extractions
- Sealants
- Emergency examinations

HEALTH EDUCATION SERVICES

- Reproductive health
- Healthy lifestyle counseling
- Exercise & nutritional counseling
- Adolescent developmental health

Meet Our Staff



ROSALY RIVERO
Clinic Care Coordinator

"The most rewarding part of my job is connecting students and families to health care and watching them grow healthier and stronger."



ZACH STEVENS
Medical Provider

"I like to help students receive healthcare. My interests are, helping under-served communities accessing medicine, dermatology, adolescent health, and mental health"



SARAH BURDELL
Behavioral Health Provider

"I love my job because it allows me to talk to students, listen to what is on their minds, and provide them with emotional support."



CARONI ARIAS
Patient Navigator

"What I love the most about my job, is to be able to connect students with health care, teaching them how to start taking care of their own health."



Need other services? Youth and adult health services are available at:

INTERNATIONAL DISTRICT MEDICAL & DENTAL CLINIC
720 8th Ave S · Seattle, WA 98104
206-788-3700

HOLLY PARK MEDICAL & DENTAL CLINIC
3815 S Othello St · Seattle, WA 98118
206-788-3500

BELLEVUE MEDICAL & DENTAL CLINIC
1050 140th Ave NE · Bellevue, WA 98005
425-373-3000

SHORELINE MEDICAL & DENTAL CLINIC
16549 Aurora Ave N · Shoreline, WA 98133
206-533-2600

CONTACT US

15027 NE Bel/Red Rd,
(Room 111) Bellevue, WA 98007



highlandsbhc@ichs.com



(425) 373-3135

Highland Health Center



Comprehensive health services located at school!

Section B: Outreach and engagement with school staff
B2: Example outreach calendar

OUTREACH CALENDAR 2023-2024

EVENT	NOTE	DATE	EVENT	NOTE	DATE
FALL SPE ESTIMATED RUSH	Sports start 8/22	Mid Aug- Sept	WINTER SPE ANNOUN/LETTER	Create -10/10 week	Submit 10/17
FIRST DAY OF SCHOOL		9/6/23	TABLING EVENT #2	Cold/flu/cocoa	Week 12/5
BACK TO SCHOOL EVENT	At EHS	8/31 4-8p	SPRING SPE ESTIMATED RUSH	Sports start 2/27	Feb
WCC DAY 1 OR 2 DAYS	Week 9/11	Week 9/18	TABLING EVENT #3	Valentines/safe sex	Week of 2/13
WELCOME VIDEO/ANNOUNCE/LETTER	Create Week before school	Submit 9/5	TABLING EVENT #4	National Prevention Week	Week 5/10 with Danielle
TABLING EVENT #1	Intro services, gen health, vax	Week 10/2-5	SENIOR EXIT START / PREP	Prep- April	Sched May
VACCINE EVENT	School RN list	Week 11/6	LAST DAY SENIORS		TBD
WINTER SPE ESTIMATED RUSH	Sport starts 10/21-11/14	Oct - Nov	LAST DAY SCHOOL		6/18
HOME FOOTBALL GAMES @ HHS	9/22 v HHS	10/5 & 10/13			

AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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							31																					30														

B3: Example services guide

Quick Guide to Teen Health Center Services

Clinic Hours: 9:00 am-4:00 pm 206 332-7160/ext 2-2244

What does the clinic offer?

Services requiring parental consent or for the student to be 18+:

- Immunizations
- Routine exams
- Medications
- Referrals to specialists
- Dental exams, x-rays, and cleanings
- Dental fillings and specialists' referrals
- Smoking cessation education
- Nutrition education
- And more!

Services that are confidential, and parental consent is not needed

- Reproductive health and counselling including contraceptives
- STD screening and treatment (students 14+)
- Mental health counseling (students 13+)

Non-Medical Services

- Help accessing community resources and social services (health insurance, sports programs, etc)
- Programming and outreach related to healthy living and wellbeing

How you can help students access these services:

- **Before making a referral, always get the student's permission to share their information**
- For any medical concerns, please contact the School Nurse. They will determine the urgency and pass along information to us.
 - For all behavioral health concerns, complete the Google referral form. (QR code below)
<https://forms.gle/7cdsjdEdoveeJjsK7>
- Never email student information, including names, to any clinic staff.
- To protect confidentiality, clinic staff can only share whether or not we followed up on a referral, not the outcome.
- If the student is not registered, there may be a delay in services until we can get the necessary consent.



Thank you for your continued support of our clinic!

Quick Tip:

Learn how to make a QR code [HERE](#)

Clinic Staff



Yenifer Mendoza
Patient Navigator Supervisor

Organization
Email

Addtl Languages Spoken:
Spanish



Anh Phi
Clinic Care Coordinator

Organization
Email

Addtl Languages Spoken:
Vietnamese



Emely Cruz Lara
Patient Navigator

Organization
Email

Addtl Languages Spoken:
Spanish



Justin (Nhan) Van
Patient Navigator

Organization
Email

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Didi Burpee
Medical Provider

Organization
Email

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Ana Short
Mental Health Provider

Organization
Email

Addtl Languages Spoken:
Spanish



Tanvi Kacheria
Dentist

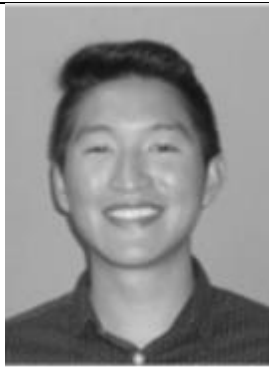
Organization
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Addtl Languages Spoken:
Gujarati



Pany Sysavath
Dental Assistant

Organization
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Dennis Pang
Pediatrician

Organization
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Addtl Languages Spoken:
Basic Mandarin



Andrea Kurtzman
School Nurse

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Addtl Languages Spoken:
Basic French and Spanish

Health Center Partners



Janni Sun
School Services
Administrator

Organization
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Addtl Languages Spoken:
Mandarin, Basic Spanish



Terri Tran
Dental Coordinator

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Addtl Languages Spoken:
Vietnamese



Elaine Weigelt
Community Services
Manager

Organization
Email