

It takes a healthy staff to have a healthy school community



SAVE THE DATE: Upcoming 2023-24 Kaiser Permanente webinar series on *The Way to Staff Well-being in Schools*

Foundational Course (1 course):

- *Creating a Culture of Well-being*

Deep Dive Series (6 courses):

- *Creating a Workforce Wellness Committee*
- *Stress Management*
- *Preventing Secondary Trauma*
- *Healthy Habits*
- *Active Living*
- *Mental Health*

Learn how a proactive approach to staff well-being can help schools thrive

Designed for teachers, staff and administrators

Healthy staff and teachers are our most valuable resource for creating safe and supportive learning environments. *The Way to Staff Well-being in Schools* workshop series explores resources and tips to strengthen staff well-being at the individual, collective and policy level.

Our foundational course, *The Way to Staff Well-being in schools – Creating a Culture of Well-being*, will be offered 3:30-5:00pm PST (repeat):

- **September 20, 2023 – Register on [PDenroller](#)**
- **February 21, 2024 – Register on [PDenroller](#)**
- **April 17, 2024 – Register on [PDenroller](#)**
- **June 12, 2024 – Register on [PDenroller](#)**

***Deep Dive Way to Staff Well-being in Schools*. Presented by Kaiser Permanente subject matter experts and offered 4:00-5:00pm PST:**

- **August 23, 2023: *Creating Workforce Wellness Committees* – Register on [PDenroller](#)**
- **October 11, 2023: *Stress Management for Educators* – Registration coming soon!**
- **November 8, 2023: *Preventing Secondary Trauma for Educators* – Registration coming soon!**
- **January 17, 2024: *Creating Healthy Habits for Educators* – Registration coming soon!**
- **March 20, 2024: *Active Living for Educators* – Registration coming soon!**
- **May 15, 2024: *Mental Health for Educators* – Registration coming soon!**

These events are open to all school or district staff, including teachers, administrators, nutrition services directors, well-being leads, classifieds, and more. Please share with any colleagues you believe will benefit from attending.

All registration links coming soon!

Free clock hours available; register on pdenroller once dates are finalized

Questions? Contact

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