

Youth at the Center: Effective and Equitable Support at Adolescent Healthcare Clinics Across Washington State

About this Course

This course is comprised of 8 micro-modules divided into three sections: Trauma-Informed and Healing-Centered Care, What Are Youth Friendly Services, and Sexual Healthcare and Education. The modules cover a range of topics directly related to trauma-informed (healing-centered) care, adolescent friendly care, and gender and sexuality affirming care. Each module will include clear learning objectives, interactive content, concrete strategies for implementation, evaluation, and additional resources for program support and continued education. The course is meant to support Washington State Department of Health's goal of improving adolescent health services across the state in a way that promotes equity, access and inclusion.

Who Should Take this Course

This course is intended for adolescent healthcare providers, as well as internal Washington State Department of Health staff.

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You will be prompted to create an account within Cardea's Learning Management System (LMS) if you do not already have one. The course itself is made up of several modules that must be completed in order. You can navigate through the sections by clicking the red "Continue" button on the top right of the screen. You are free to pause in between modules, and the LMS will save your progress. For the best learning experience:

- You may need to turn off pop-up blockers as the course will open in a separate window
- We recommend using Firefox or Chrome browsers and that your browsers are up to date

Accessing the Course Offline

The course content is also available via PDFs which can be downloaded and accessed without internet. To access these PDFs, please enroll in the course and navigate to "Course Resources."

