

Thank you all so very much for joining us for the training on creating and sustaining safe and supportive environments in SBHCs. We are so grateful for your caring attention and commitment during our presentation. If you would like to contact either of us for support or to answer questions, we can be reached at the following:

- Brennon Ham, Ed.M. (pronouns: Brennon/they/she/he)
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- Breona Mendoza, M.A., LMHC (pronouns: she/her)
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As promised, here are the helpful, informational videos that were discussed in the presentation:

- Learn more about **insex identity**: https://youtu.be/n_5l2fwWGco
- Learn more about **two-spirit identity**: <https://youtu.be/A4lBibGzUnE>
Keep an ear open for undercurrents of sexual, institutional, and historical violence.

For the list of resources covered in the training, **please navigate to slides 54-56**. Please remember: this is not an exhaustive list. While it's good to become familiar with these resources, it is also good to do some of your own research, especially when looking for supports that are more relevant to your/your students' location, culture, etc.

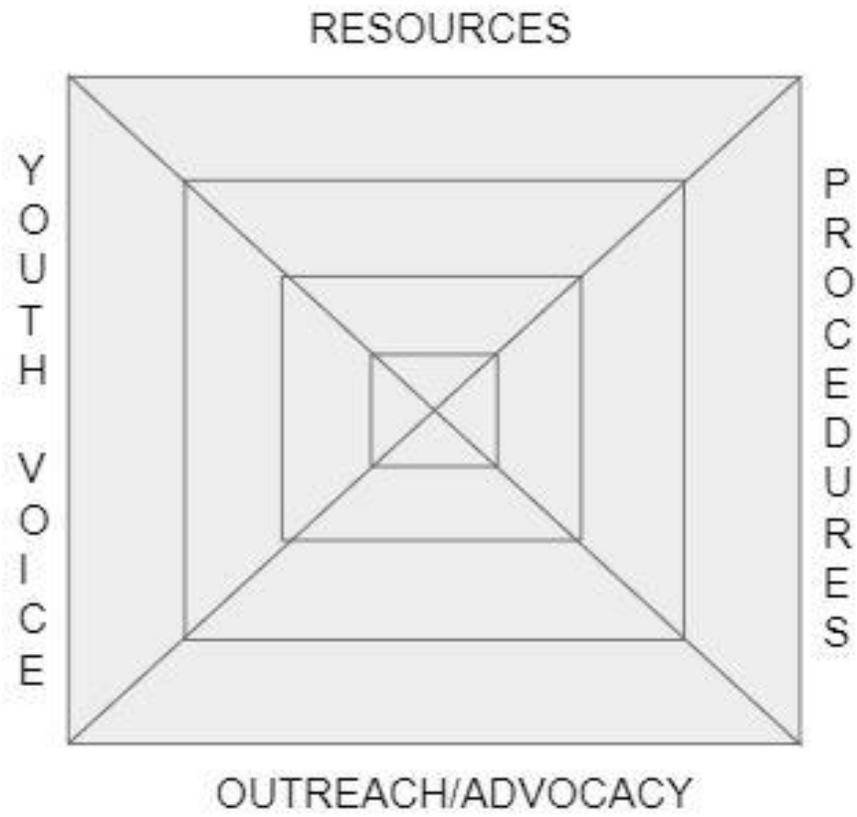
Below, you'll find the overview and directions for the assessment tool Breona outlined during the presentation. This tool is transferable; you can examine where you (individually) stand, where your SBHC stands, and where the school(s)/district within which you're situated stand(s). It is extremely helpful to work through the worksheet, at the very least, with your entire SBHC - conducting the assessment together can engender needed and missing conversations, inspiring collective engagement as you uncover solutions together!

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Each of these four quadrants represents important pieces in creating an inclusive, supportive and LGBTQ affirming organization. The boxes represent how close or far you are from your goals. The outside box indicates your team being the furthest away from their goals/values/needs in order to support LGBTQ students. The middle box indicates you are closest to your goals/values/services in order to

support LGBTQ students. Put an X in each quadrant to show where you think your team is on that area of services/support. Use this as a resource to meet with your school based team. Assess where you feel your health center and team is at with regard to the four quadrants. Identify your top goals for each quadrant. Create an action plan with specific steps for how you accomplish each of the four goals and work together as a team to make it happen.

1. Resources/Community Connections: What resources will students and families need moving forward? Who are your most important allies in the school? What community agencies are going to be most helpful/important and how could you build bridges/collaboration/referral?
2. Policy's, procedures, paperwork: What policies are in place that explicitly protect LGBTQ+ students? Do you know where to look to find out? Is your paperwork LGBTQ+ affirming (space for "name you go by" and "pronouns you use," etc.).
3. Outreach/Advocacy: How do you reach the most marginalized students? How do you become a place students want to come? How do you build trust with students? Word of mouth is best referral source so how can you destigmatize health care, particularly mental health care at your schools
4. Youth Voice/Leadership: How could you incorporate youth voice? Do you have capacity to build a youth advisory board? Surveys? Internships?



Wishing each of you all the best,

Brennon and Breona